

Emergency Readiness

Simple ways to teach kids calm, safe, and confident responses to emergency situations.

Why talk about emergencies?

- Kids feel safer when they know what to do in scary situations
- Practice builds confidence, not fear
- Clear steps reduce panic in stressful moments



What kids should know:



How to call for help:

- When to call 911
- How to use your MyPhone to call 911

Know where you are:

- Home address
- Caregiver names

How to stay calm:

- Take deep breaths
- Speak slowly and clearly

Get to a safe place:

- Stay where it is safe
- Don't open doors to strangers

What kids should say in an emergency:

**“Hi, my name is Anders Johnson.
My mom isn’t responding and
I need help.”**

MyPhone automatically shares your registered home address, so kids just need to say who they are and what’s wrong.*

*Subject to the technical capabilities of the local emergency center. You must provide and keep updated your MyPhone location for accurate 911 calling. See www.ooma.com/legal/e-911-terms-and-disclosures/ for more details.



How to talk to children about emergencies:



Keep it simple

- Use clear, age-appropriate language
- Focus on just 2-3 key actions

Be calm and reassuring

- Avoid overwhelming details
- Emphasize that you are helping them learn

Use real-life examples

- “If someone gets hurt, do this...”
- “If you smell smoke or see a fire, do this...”

Practice with role playing

- “What would you do if...”
- “What would you say when you call 911?”

